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Two little dinosaurs

Age range: 4-8 year olds

This was written to help a girl who had previously suffered neglect and was struggling with sibling rivalry.

Adaptations:

Could be used for any earlier difficult situation which restricted parental resources such as illness or stress. Personalise by describing in details the feelings you feel your child is struggling with and how they experience these feelings.



TWO LITTLE DINOSAURS

Once upon a time, in a magical kingdom, the two most gorgeous little dinosaur eggs were born. **One was a beautiful speckled blue egg and the other a beautiful yellow/pink one.** They were just perfect. One day, these beautiful eggs would hatch into little child dinosaurs, but first, they needed lots of sunlight to help them grow. The problem was, though, that the eggs were born into a nest in a very busy jungle with very little sunlight. There was only the tiniest little ray of sunlight. The blue egg just happened to roll closer to the sunshine and started to grow just a tiny bit. But there wasn't enough even for that little egg. The yellow/ pink egg hardly got any sunshine at all and was not growing strong. It grew weaker and sadder without any sunlight. No one could see how beautiful this little dinosaur was inside.

Thank goodness, one day, an explorer realised these eggs were not growing and would never hatch where they lived. So, they were moved to a beautiful country with lots of sunshine and love. **There was enough sunlight here for a hundred dinosaur eggs!!** Our little eggs grew and grew, until one gorgeous, sunny day, they hatched! Oh, these were the cutest little dinosaurs you ever did see! **They sparkled!** They grew strong. They played. They laughed and they ate so many leaves and flowers. They were perfect.



Sometimes, our little yellow/ pink dinosaur worried that the sunshine would run out. The sun told her that it would always shine lots now that she was in this new country. It would always be there and there would always be enough for everyone. The sun gave her a magic stone to remind her that she did not need to worry ever again.